

How to Check for Understanding When You Are at Home

You are getting work from teachers on a daily or weekly basis. You might think that the goal is to get through these assignments as fast as possible. No, that's not the goal. The goal is for you to continue learning—even if you are at home and working on your own.

For you to be successful and take ownership of your learning at home, you need to think about and reflect upon how and if you are learning. You need to continuously check for your understanding while you are working. This will let you know if you are on track or if you are struggling.

For each assignment, you will need to clarify:

- What am I learning and how will I know I have learned it?
- How can I check my understanding throughout the learning?
- How will I know if I am on track or if I am struggling?
- What can I do if I am struggling?

So, copy or cut out this “Own It!” list and use it with each assignment you do at home.

Own It! True learning happens when you own your learning. As you work on each assignment, you will need to check if you are understanding—and if not, you will have to figure out how to get help. Think about this before and while you are working.

Before working:

- ▶ I am learning about... (content and skill)
- ▶ I will know I have learned it when...
- ▶ I can check my understanding throughout the learning by...

While working:

- ▶ I know I am on track because...
- ▶ I know I am struggling because...
- ▶ If I am struggling, I can...

If you struggle, try these things...

- Look back at the directions. Read, and reread, them for clues.
- Identify when you began to struggle and try to identify why.
- Contact a classmate and ask them for help.
- Ask your parent or caregiver what strategies work for them when they struggle.
- Call, text, or email your teacher for ideas.