

## How to Take Risks in Your Learning When You Are at Home

You now have the time to really expand your learning. So, after you have completed all of your assignments, think about other skills or concepts you want to learn. Take a risk. What will challenge you? What do you think will stretch you? Make sure it is something that will cause you to struggle. If there is no struggle, it means that you know the skill or concept and that you are just practicing what you already know—not learning something new. Purposefully causing yourself to struggle might be hard to think about because no one likes the feeling of not knowing how to do something. But that's exactly where the learning takes place. During this break—push your learning. Challenge yourself! Take risks!

Take a risk by thinking about the following questions:

- What learning goal could I set for myself that would challenge me?
- What is my plan to achieve this learning goal?
- Where do I think I will struggle and what is my plan to persevere?
- How does taking risks in my learning challenge me as a learner?

Use this “**Own It!**” guide as you challenge yourself and your learning.

**Own It!** True learning happens you own your learning. Use this information to help you challenge yourself and your learning. Taking risks in your learning lets you be in control. This allows you to own your learning. Own your learning by deciding:

- ▶ One learning goal I could set for myself is...
- ▶ My plan to achieve this learning goal includes...
- ▶ I might struggle when...
- ▶ I will persevere when I am struggling by...
- ▶ Taking risks in my learning challenges me by...

As you do this...

- Share your plan with classmates. Find out how they challenge their learning.
- Share your plan with your parents or caregivers. Find out how they challenge themselves.
- Share your plan with your teacher and ask for their feedback.
- Keep challenging yourself. Taking risks in your learning isn't easy. Don't give up.